Homemade Butter

A picture containing table, sitting, laying, bag

Description automatically generatedIngredients

\*Heavy Whipping Cream

\*Jar with a lid

Optional

\*Salt ¼ teaspoon

\*Marbles (for agitation and helps the fat stick)

A close up of food

Description automatically generatedFill a jar halfway and with heavy whipping cream. Secure with the lid on. Take turns shaking, rolling the jar back and forth, dance with a song, jump, however you can. It will take about 5-10 minutes. It will look like whipped cream, then it will get a little harder to shake and look thick, then it will become a solid and then there will be a solid piece and a good amount of liquid. This is considered the buttermilk and you can save it. Just pour out the liquid and use a spoon to smooth out and round your butter. It’s supper yummy. Watch the video link provided for the YouTube of Ms. Kristina and her kids making this butter.